

WORKSHEET: CHAPTER THREE

HEALING THE PAST GOD'S WAY I AM SANCTIFIED; I AM CALLED

MEMORY VERSE:

For we are His workmanship, created in Christ Jesus for good works,
which God prepared beforehand, that we should walk in them.

Ephesians 2:10

PRACTICE THE DISCIPLINE OF SERVICE: Do this for one week and then share with the class (or your counselor) what you learned.

“Service that flows out of our inward person is life, and joy and peace. The risen Christ beckons us to the ministry of the towel (washing one another’s feet). Perhaps you would like to begin by experimenting with a prayer that a number of us have used. Begin the day by praying, ‘Lord Jesus, I would so appreciate it if You would bring me someone today whom I can serve.’” Richard Foster, *Celebration of Discipline*

To practice the Discipline of Service, begin each morning praying that prayer: “*Lord Jesus, I would so appreciate it if You would bring me someone today whom I can serve.*” Then, serve whomever God brings you to serve - without hesitation, whomever it is.

Then, every night, before you go to bed, write a journal entry about what God has taught you in the center of the Discipline of *Service*. Be prepared to discover things about God and your relationship to Him that you never knew.