

WORKSHEET: CHAPTER SEVEN

***HEALING THE PAST GOD'S WAY
GOD IS JUST; GOD IS HOLY***

MEMORY VERSE

As obedient children, do not be conformed to the former lusts
which were yours in your ignorance,
but like the Holy One who called you,
be holy yourselves also in all your behavior, because it is written,
"YOU SHALL BE HOLY, FOR I AM HOLY."
1 Peter 1:15-16

MEDITATE on the following passages of Scripture to glean a better understanding of God's holiness and justice. After you feel like you have a better understanding, practice the Discipline of Joy. Remember to use these questions:

Is there a *new thought* or learning about God's character?
Is there an *example* to follow?
Is there a *command* to obey?
Is there a *promise* to claim?
Is there an *error* to avoid?
Is there a *sin* to confess?

GOD IS JUST:

Learning the fullness of God's justice is a joy! In that reality, we are protected, defended and restored. Take the time to mediate on these great truths and then practice the discipline of joy.

GOD'S STANDARD – Romans 3:9 – 20

OUR REFUGE – Revelation 20:11 – 21:8

OUR COMFORT – Psalm 34 & 37

MERCIFUL – Luke 23:39 – 43

GRACE – Romans 5 & 6

PERFECT – Psalm 19

RESTORATIVE – 2 Corinthians 4 and 5

PROTECTION - Exodus 14, 2 Chronicles 20

FAITHFUL – Romans 12

PRACTICE THE DISCIPLINE OF JOY:

The Discipline of Joy is practiced through the most fundamental of faith-building exercises, growing our knowledge of God through the study of His Word, through an experience of Him. As we learn about His character, His purposes, His ways, we deepen our faith and our trust of Him regardless of the external circumstances in our lives. Take the next weeks and meditate on the following Scriptures, gleaning the kernels of life-sustaining truth as you willfully choose to delight yourself in God.

Meditate on the following Scriptures by asking yourself these questions:

What does God's Word tell me about God?

How does that impact the way I choose to live my life?

SCRIPTURES FOR MEDITATION: (select at least three of the following)

Deuteronomy 10:12 – 22

1 Samuel 15

2 Samuel 22

Job 38 – 42

Psalms 71

Psalms 103

Isaiah 41

John 15

Hebrews 8

DELIGHT YOURSELF IN GOD: (Journal your meditations and thoughts)

Share with your table *one* truth that you learned about God and *one* way in which you have purposed to obey Him.