

WORKSHEET: CHAPTER EIGHT

HEALING THE PAST GOD'S WAY GOD IS GOOD

MEMORY VERSE

And he said, "Naked I came from my mother's womb, and naked shall I return.
The LORD gave, and the LORD has taken away; blessed be the name of the LORD."
Job 1:21

DISCIPLINE OF OBEDIENCE:

Eugene Peterson, in his book, *A Long Obedience in the Same Direction*, makes the case that we are pilgrims on a journey of faith. On this journey, he argues, we must employ the patience and determination of a disciple and the wanderlust of a pilgrim as we explore both our God and the relationship for which we were created. In this practice, you must *choose* every day to explore aspects of God that you do not know. Remember, exploration leads to understanding; understanding, to trust; trust, to obedience.

PRACTICE THE DISCIPLINE OF OBEDIENCE:

Eugene Peterson uses the Psalms to invite you and me on that journey. Choose to *meditate* on these Psalms that will teach you more about an aspect of God that you do not know or in which you do not obey Him. Journal your journey; apply what you learn. Use those principles to change your life.

Psalm 121 – Providence

Psalm 122 – Worship

Psalm 124 – Defense

Psalm 125 – Security

Psalm 126 – Joy

Psalm 127 – Work

Psalm 128 – Happiness

Psalm 129 – Perseverance

Psalm 130 – Hope

Psalm 131 – Humility

Psalm 132 – Obedience

Psalm 133 – Community

Psalm 134 - Blessing

Remember, steps on a long journey. Choose to use what you learn to obey God in *every* area of your life. Obeying God is both evidence of your love and an act of worship.

steps of obedience. . . .

1. Pray for wisdom and guidance

2. Define the issue: First, is it a *circumstance* (beyond my control) or a *consequence* (as a result of sin)? Then, is it...
 - a SPIRITUAL issue?

 - a RELATIONAL issue?

 - a PHYSICAL issue?

 - an EMOTIONAL issue?

 - a FINANCIAL issue? and so on. . .

3. Ask yourself: WHAT ARE THE BIBLICAL PRINCIPLES?
 - SEARCH THE SCRIPTURES

 - SEEK GODLY COUNSEL

4. Create an *action plan* based on the Biblical Principle

5. Ask God for the grace to embrace the truth of God's Word.

6. Ask one or two godly friends / family members to hold you accountable